Indoor Activity: Blizzard in a Bottle

A blizzard in a bottle is a winter themed sensory bottle craft that can be a fun activity to make and watch for all ages! Sensory bottles can be calming and entertaining just in case the snow or ice has you trapped inside. If you want to add different colors to your sensory bottle, be sure to add glitter of any color to the container.

**Benefits**
- Calming and entertaining
- Fun for all ages
- Spreading holiday cheer
- Recycle empty containers

**Supplies**
- 1 glass jar or plastic bottle with a screw-on lid
- Glitter (white, silver, and blue)
- Plastic snowflake confetti
- Blue food dye
- Water

**What to do**
- Make sure to remove any labels from your container so you can see inside.
- Add one teaspoon of each color of glitter to the bottom of the container.
- Add plastic snowflake confetti to the container, making sure not to use a paper snowflake.
- Add a single drop of blue food coloring to the container.
- Fill the container with water, leaving a tiny bit of empty space at the top.
- Screw the lid on tightly and shake to see the confetti and glitter form a blizzard in a bottle!
Outdoor Activity: Become a Jr. Snow Ranger!

This month we are partnering with the USDA Forest Service and their Jr. Snow Ranger Program!

A snow ranger works for the U.S. Forest Service, helps keep visitors safe, and protects the natural environment. If you are in the 4th or 5th grade, you can become a Jr. Snow Ranger and learn a lot about the outdoors and winter! Navigate to https://www.fs.usda.gov/main/conervationeducation/student-corner/junior-snow-ranger to learn more and participate in conservation efforts.

If you are not in 4th or 5th grade, contact your local Forest Service to learn more about outdoor safety during winter.

For more fun crafts and activities, navigate to https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/stelprdb5347818.pdf to learn more about the Jr. Snow Ranger Program.

Additional Supplies (Optional)

- Snow Boots
- Earmuffs
- Hat
- Snacks
- Camera
- Phone
- Compass
- Change of Socks
- First Aid Kit
- Water
- Winter clothing